

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

"Celebrating 10 Wonderful Years of Togetherness"

October 2026 “Celebrating 10 Wonderful Years of Togetherness”				10:00am Exercise (MS) 2:00pm-3:30pm Anniversary Travelogue with Happy Hour: The Story of Evanston Summit (DR) 3:30pm Daily Raffle Winner for Residents & Staff (DR) 	10:00am Exercise (MS) 10:30am Rosary Group (CH) 2:30pm Anniversary Happy Hour & Birthday Celebration with Dwayne Fettig (DR) 3:30pm Daily Raffle Winner for Residents & Staff (DR) 6:15pm Wii Games (TH) 	2:00pm – 3:30pm Residents, Staff & Family Fashion Show (DR) 3:30pm Daily Raffle Winner for Residents & Staff (DR)  Simchat Torah Begins
9:15am Bus Outing: Ascension Church (LB) 1:00pm-4:00pm Anniversary Health & Wellness Fair (LB) 1:30pm Card Bingo (MS) 3:30pm Raffle Draw (LB) 	10:00am Exercise (MS) 2:00pm-3:30pm Anniversary High Tea, Cutting of Cake, Special Greetings & Special Performances with Doug Beckstead & Lisa (DR) 3:30pm Daily Raffle Winner for Residents & Staff (DR) 	10:00am Exercise (MS) 10:00am-5:00pm Anniversary Memory & Creative Activities (LB) 1:30pm Arts & Craft: Pumpkin Paper Chain Garland (CK) 3:30pm Daily Raffle Winner for Residents & Staff (LB) 	8:00 Hot Breakfast (DR) 2:00-3:30pm Anniversary Bingo & Prize Extravaganza (DR) sponsored by RBC 3:30pm Daily Raffle Winner for Residents & Staff (DR) 6:15pm Wii Games (TH)	10:00am Exercise (MS) 2:00pm-3:30pm Fall-Themed Drinks Social – Pumpkin Spice Latte & Hot Chocolate Social (DR) 3:30pm Daily Raffle Winner for Residents & Staff (DR) 	10:00am Exercise (MS) 10:00 Bus Outing: Creekside Shopping Centre, Sage Hill & Beacon Hill (LB) 10:30am Rosary Group (CH) 11:00am Catholic Mass (HCM) 3:30pm Daily Raffle Winner for Residents & Staff (DR) 4:00-6:15pm Anniversary & Thanksgiving Dinner Buffet (DR) 6:15pm Wii Games (TH)	Grand Finale 11:00am-3:00pm Carnival Games (LB) 4:00pm-6:00pm Photo Booth (LB) 6:15pm-7:00pm Recognition of residents celebrating 5 and 10 years, Grand Raffle Prize Draw & Greetings (DR) 7:00-8:00pm Happy Hour with South Stardust Band (DR)
9:15am Bus Outing: Ascension Church (LB) 1:30pm Card Bingo (MS) 6:30pm Movie (TH) 	HAPPY Thanksgiving Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada) 	10:00am Exercise (MS) 10:45am Catholic Mass (CH) 1:45pm Drum Circle (DR) 	8:00 Hot Breakfast (DR) 9:30am-4:30pm –Elections Alberta Voting Day (GR) 1:30pm Bingo (MS) 3:00pm Non- Denominational Services by Michael (CH) 6:15pm Wii Games (TH) 	9:30am-4:30pm – Elections Alberta Voting Day (GR) 10:00am Video Exercise (MS)  Cristina Away	10:00am Video Exercise (MS) 10:00am Market Mall (LB) 10:30am Rosary Group (CH) 11:00am Catholic Mass (SMM) 6:15pm Wii Games (TH)  Cristina Away	10:00am - 4:00pm Open House 1:30pm Table Horse Racing (MS) 2:30pm Happy Hour with CC Line Dancers (DR) 4:15pm Bus Outing: Ascension Church (LB) 
1:30pm Card Bingo (MS) 6:30pm Movie (TH) 	10:00am Video Exercise (MS) 10:00 Bus Outing: Baker Park Walk (LB)  Cristina Away	10:00am Video Exercise (MS) 10:00am Bus Outing: North Hill Mall (LB)  Cristina Away	8:00am Hot Breakfast (DR) 9:00AM-3:00PM Vaccine Clinic 1:30pm Bingo (MS) 6:15pm Wii Games (TH) 	10:00am Exercise (MS) 10:00am Bus Outing Ace Casino Airport (LB) 11:00am Catholic Mass (SMM) 	10:00am Exercise (MS) 10:30am Rosary Group (CH) 11:00am Catholic Mass (HCM) 2:30pm Happy Hour with Randy Poirier (DR) 6:15pm Wii Games (TH) 	1:30pm Table Horse Racing (MS) 5:00pm Bus Outing: Gargoyle House for Halloween Display (LB) 
9:15am Bus Outing: Ascension Church (LB) 1:30pm Card Bingo (MS) 6:30pm Movie (TH) 	10:00am Exercise (MS) 1:30pm-3:30pm Annual Covenant Staff Appreciation (DR) 5:00pm Bus Outing: Gargoyle House for Halloween Display (LB) 	10:00am Exercise (MS) 1:45pm Drum Circle (DR) 2:30pm Arts & Craft: Pinecone Craft (CK) 	8:00am Hot Breakfast 10:00 Morning Walk at the Pond (LB) 1:30pm Bingo (MS) 3:00pm Non- Denominational Services by Michael (CH) 6:15pm Wii Games (TH) 	10:00am Exercise (MS) 1:30pm Arts & Craft: Pinecone Craft (CK) 	8:45am Bus Outing: Jack Singer Concert Hall- Schuman, Strings and Soundscapes (LB) 10:00am Exercise (MS) 10:30am Rosary Group (CH) 2:30pm Happy Hour & Halloween Around the World- Sharing Traditions, Stories & Treats (DR) 6:15pm Wii Games (TH)	1:30pm Table Horse Racing (MS) 4:15pm Bus Outing: Ascension Church (LB)  Halloween

Type the name, address, and other information about your community/company here.

WELLNESS CALENDAR



MONDAY	TUESDAY	WEDNESDAY	1 THURSDAY DR. IFEJU OMOJUWA 10:00 am – 12:00nn (Accepting New Patients) schedule may change See concierge to book an appointment	2FRIDAY DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm schedule may change See concierge to book an appointment	FOOTCARE Homecare Professionals 403-909-7688	AUDIOLOGY Zen Hearing Nikki 587-534-0437 Ears to You 403-970-7201																												
Please book doctor’s appointments through Concierge. Here are their office phone numbers for your reference: Dr. Collins Omondiagbe (403) 269-9488 Dr. Ifeju Omojuwa (403) 236-0211	6	7	8	9 DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm schedule may change See concierge to book an appointment	MEDICAL CLINIC Evanston Medical Clinic (8120, 2060 Symons Valley Parkway NW, Calgary) Tel No: (403) 454-5580 Clinic Hours: Mon-Fri 9:00am to 5pm	SALON Casey-Lee Wilson 403-923-2505 .																												
	13	14	15 DR. IFEJU OMOJUWA 10:00 am – 12:00nn (Accepting New Patients) schedule may change See concierge to book an appointment	16 DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm schedule may change See concierge to book an appointment	PRIVATE HOME CARE Janeth Denis 403-667-9740 One-on-One Health Care	NOTARY & LEGAL SERVICES Grace Akpan 587-969-1626 Grace George Law Barristers & Solicitors																												
19	20	21 DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm schedule may change See concierge to book an appointment	22	23	PHYSIOTHERAPY MASSAGE THERAPY CHIROPRACTOR Energize Health 403-455-8220 #8230 - 2060 Symons Valley Parkway NW (Located beside FreshCo)	COMPANIONSHIP SERVICES PAMpered Services Pam 403-690-7116																												
COLOR CODING: ORANGE - Exercise PURPLE – Special Events NAVY – Vendors GREEN – Bus Outing PINK - Craft BLUE – Wellness	27	28	29	30	Location Abbreviations: <table><tr><td>B</td><td>Bistro</td><td>GR</td><td>Games Room</td></tr><tr><td>CH</td><td>Chapel</td><td>L</td><td>Library</td></tr><tr><td>CK</td><td>Country Kitchen</td><td>LB</td><td>Lobby</td></tr><tr><td>CY</td><td>Courtyard</td><td>TH</td><td>Theatre</td></tr><tr><td>DR</td><td>Dining Room</td><td>MS</td><td>Movement Studio</td></tr><tr><td>FR</td><td>Fitness Equipment Room</td><td>HCM</td><td>Holy Cross Manor</td></tr><tr><td></td><td></td><td>SMM</td><td>St. Marguerite Manor</td></tr></table>		B	Bistro	GR	Games Room	CH	Chapel	L	Library	CK	Country Kitchen	LB	Lobby	CY	Courtyard	TH	Theatre	DR	Dining Room	MS	Movement Studio	FR	Fitness Equipment Room	HCM	Holy Cross Manor			SMM	St. Marguerite Manor
B	Bistro	GR	Games Room																															
CH	Chapel	L	Library																															
CK	Country Kitchen	LB	Lobby																															
CY	Courtyard	TH	Theatre																															
DR	Dining Room	MS	Movement Studio																															
FR	Fitness Equipment Room	HCM	Holy Cross Manor																															
		SMM	St. Marguerite Manor																															

Covenant Living-Evanston Summit 150 Evanspark Manor NW Calgary (587)538-7511