



MARTHA'S COMMUNITY CORNER

AUGUST 2026

A Message from your Site Manager

Welcome August!

As we experience all the joys of the summer season, remember to spend some time everyday outside. The fresh air, beauty, and serenity of our garden and grounds is for everyone to enjoy, and many find it to be healing in different ways. Whether you venture outside to seek solitude or enjoy the company of others, there is a spot for everyone.

"The best remedy for those who are afraid, lonely or unhappy is to go outside, somewhere where they can be quiet, alone with the heavens, nature and God. As long as this exists, and it certainly always will, then there will be comfort for every sorrow, whatever the circumstances may be."

Quote by Anne Frank

Toonie Tuesday

Congratulations to our two winners of our **50/50** draws in June 30, 2026 **Donna T.** won **\$112.00** and on July 14, 2026 **Lin L.** won **\$122.60** and on July 28, 2026 **Caran M.** won **\$113.00**. Thank you to everyone who participated!



WEDDING ANNIVERSARIES

Congratulations go out to **Paul Thielen & Marlene Armstrong** will celebrate their 7th anniversary on August 16th. Best wishes to you!

August Birthday's

Happy Birthday to the following residents and staff:

August 5 – Pauline Klatt
August 12 – Marie Uly
August 16 – Donna Takeda
August 17 – Mary Shillington
August 22 – Helen Campbell
August 23 – Ken Donkersgoed
August 25 – Sandra Ussel

STAFF BIRTHDAYS

August 6 – Abby Guigue
August 26 - Tammy Carmichael
August 31 – Lizza Ngbadu

Welcome to Martha's House

Please give a warm welcome to **Jack Dergousoff, Leslie Lavers, and Sandra Kinniburgh** who have recently joined our Martha's House family.



Rural Pearls

"To the world, you may be one person.
But to one person, you may be the world."

Whoop Up Days Parade

Martha's House along with the three other Covenant sites in Lethbridge (St. Michael's Health Centre, St. Therese Villa, & Buffalo Grace Manor) will be having a float in the Whoop Up Days Parade on Tuesday, August 18, 2026. We are looking for volunteers to ride in the bus the morning of the parade. As well, we will need volunteers to help make 500 candy bags that will be handed out during the parade. If you are interested in being in the parade or helping to make candy bags, please let Dee know.

Fitness Class Note

Please note: fitness class will return to it's originally scheduled time of 8:30am starting on Tuesday, August 4, 2026.

A little girl was sitting on her granddad's lap while he read her a story. She kept taking her eyes of the book and reaching up and touching his old, wrinkled face.

After a few times doing this, she finally asked, "Grandpa, were you made by God?"

"Yes, dear." he replied. "I was made by God a long time ago.

"The little girl paused for a moment and then asked, "And did God make me?"

"Of course, dear." replied her grandfather. "God made you not long ago."

The girl felt her own face and then her grandad's again, thought for a moment and then said, "God's getting better at it, isn't he?"



August Highlights

August 3 – Civic Holiday

August 4 – JF Clothing Boutique – 10am to 2pm

August 5 – Birthday Social – 2pm

August 6 – Drumming Circle – 10am

August 7 – Sing Along with Denice – 7:15pm

August 11 – Resident Council Meeting – 9:30am

August 12 – Casino & Lunch – 11:00am

August 13 – Walker Clinic – 10:30am

August 13 – Tom Price & Band – 7:15pm

August 19 – Czech Mates Band – 2:00pm

August 20 – Drumming Circle – 10:00am

August 24 – Facial Waxing – appointments start at 10:00am

August 24 – If the Shoe Fits – 10:00am to 2:00pm

August 26 – South Walmart – 12:45pm

August 27 – Ice Cream Social – 7:00pm

Name: _____

Date: _____

It's time to uncover some summertime words in this word search! Imagine diving into a jumble of letters that captures the spirit of the season. Can you find all the hidden words related to August? Words may lurk in any direction—forward, backward, up, down, or diagonally. When you spot a word, circle it and check it off the list.

August

Word Search



AUGUST	R	G	K	M	R	E	L	A	X	A	T	I	O	N	B	K	T	R
BBQ	E	L	X	R	B	J	T	N	O	I	T	A	C	A	V	D	Q	G
BEACH	N	K	B	T	N	O	G	V	H	S	L	L	E	H	S	A	E	S
BOATING	I	G	H	S	L	X	A	Q	R	V	D	F	H	I	K	I	N	G
CAMPFIRE	H	S	N	E	T	H	B	T	G	N	I	N	N	A	T	N	O	M
CAMPING	S	U	L	R	Y	B	W	J	I	T	N	D	D	G	G	B	L	C
FISHING	N	N	E	O	P	H	S	J	Y	N	C	I	N	C	I	P	E	A
FLIP-FLOPS	U	G	M	F	X	I	R	P	Z	I	G	M	A	N	S	N	M	M
FOREST	S	L	O	Q	Y	T	R	S	O	C	C	C	S	U	L	C	R	P
HEAT	E	A	N	G	R	W	R	T	U	L	C	E	R	W	A	Z	E	F
HIKING	F	S	A	M	D	E	J	S	D	N	F	F	C	M	L	P	T	I
ICE CREAM	I	S	D	M	M	T	H	U	P	A	I	P	P	R	Y	G	A	R
LEMONADE	L	E	E	M	I	T	F	G	X	N	O	I	I	P	E	M	W	E
OCEAN	D	S	U	W	O	W	G	U	G	G	N	R	K	L	D	A	R	Q
PICNIC	L	S	J	C	P	D	S	A	K	G	J	R	C	M	F	N	M	T
RELAXATION	I	X	E	F	G	K	P	L	Q	N	B	E	A	C	H	L	A	V
ROAD TRIP	W	A	D	N	H	H	G	N	I	H	S	I	F	L	F	E	V	J
SAND	N	L	N	L	E	V	A	R	T	N	R	Y	T	B	H	K	Q	R
SEASHELLS																		
SUMMER																		
SUN																		
SUNGLASSES																		
SUNSHINE																		
SURFING																		
SWIM																		
TANNING																		
TRAVEL																		
VACATION																		
WATERMELON																		
WILDLIFE																		