

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

"A Mother's Love Blooms Forever"

<p>9:15am Shuttle to Ascension Catholic Parish Mass (LB) 1:30pm Card Bingo (MS) 6:30pm Movie (TH)</p> 	<p>10:00am Exercise (MS) 1:45pm Drum Circle (DR)</p> 	<p>RED DRESS 10:00am Exercise (MS) 2:00pm Fire Drill</p>  <p>Cinco de Mayo</p>	<p>8:00am Hot Breakfast (DR) 10:00am Exercise (MS) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH)</p> 	<p>10:00am Exercise (MS) 2:30pm Memory Lane Fashion Show & Residents (Mother's Day) (DR)</p> <p>Games Room & Theatre Reserved for Dress up</p> 	<p>Cristina Away 10:00am Video Exercise (MS) 10:00am Creekside & Sage Hill Walmart for Errands (LB) 10:30am Rosary Group (CH) 2:00pm Happy Hour with Carol Banks</p> <p>May Day</p>	<p>1:30pm Table Horse Racing (MS) 6:30pm Wii Games (TH)</p> 
<p>Mother's Day Brunch 11:00am -1:15pm 1:30pm Card Bingo (MS) 6:30pm Movie (TH)</p>  <p>National Skilled Nursing Care Week</p>	<p>10:00am Exercise (MS) 10:30am Dental Hygienist Presentation: Patricia's Mobile Hygiene (MS) 1:45pm Drum Circle (DR)</p> 	<p>10:00am Exercise (MS) 1:45pm Steps to Safety: Fall and Fire Prevention by Calgary Fire Department (DR) 3:00pm Team Trivia (GR)</p> 	<p>8:00am Hot Breakfast (DR) 10:00am Exercise (MS) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH)</p> 	<p>10:00am Exercise (MS) 10:00am Bus Outing: Market Mall (LB) 2:30pm Pool & Billiard Fun (GR)</p>  	<p>Cristina Away 10:30am Bus Outing: Ace Casino (LB) 10:30am Rosary Group (CH) 11:00am Catholic Mass (SMM)</p> 	<p>1:30pm Table Horse Racing (MS) 4:15pm Shuttle to Ascension Catholic Parish Mass (LB) 6:30pm Wii Games (TH)</p> 
<p>9:15am Shuttle to Ascension Catholic Parish Mass (LB) 1:30pm Card Bingo (MS) 6:30pm Movie (TH)</p> 	<p>Victoria Day</p>  <p>Victoria Day (Canada)</p>	<p>10:00am Exercise (MS) 10:00am Bus Outing: Country Hills Superstore, Michaels, Winners, Dollarama (LB) 3:00pm Team Trivia (GR)</p> 	<p>8:00am Hot Breakfast (DR) 10:00am Exercise (MS) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH)</p> 	<p>10:00am Exercise (MS) 10:30am Presentation: Evercare Foot Health (MS) 11:30am Complimentary Foot Care by appointment 2:30pm Pool & Billiard Fun (GR)</p> 	<p>8:45 Bus Outing; Jack Singer Concert Hall- Mahler's First Symphony (LB) (LB) 10:30am Rosary Group (CH) 11:00am Catholic Mass (HCM) 2:00pm Thank you Happy Hour with Johnson Philip (DR)</p>  	<p>1:30pm Table Horse Racing (MS) 4:15pm Shuttle to Ascension Catholic Parish Mass (LB) 6:30pm Wii Games (TH)</p> 
<p>1:30pm Card Bingo (MS) 6:30pm Movie (TH)</p> 	<p>10:00am Exercise (MS) 1:45pm Drum Circle (DR)</p>  <p>Memorial Day</p>	<p>10:00am Exercise (MS) 10:35am Bus Outing: Plant & Flower Shopping Trip for our Garden (Costco & Home Depot) (LB)</p> 	<p>8:00am Hot Breakfast (DR) 10:00am Exercise (MS) 11:00am 5th Avenue Jewelry (LB) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH)</p> 	<p>9:30am Bus Outing: Alpacas Farm & Picnic (LB) 11:00am Catholic Mass (SMM) 2:30pm Pool & Billiard Fun (GR)</p> 	<p>10:00am Exercise (MS) 10:30am Catholic Mass (CH) 2:30pm Happy Hour with Graham Genge (DR)</p> 	<p>1:30pm Table Horse Racing (MS) 6:30pm Wii Games (TH)</p> 
<p>9:15am Shuttle to Ascension Catholic Parish Mass (LB) 1:30pm Card Bingo (MS) 6:30pm Movie (TH)</p> 	<p>RBC Gardening Volunteer Program Sunday, May 31st</p> <p>Group 1 -9:00am-1:00pm Group 2 -1:00pm-4:00pm Join us!!!!!!!</p>		<p>HAPPY MOTHER'S DAY</p> 			<p>COLOR CODING: ORANGE - Exercise PURPLE - Special Events NAVY - Vendors GREEN - Bus Outing PINK - Craft BLUE - Wellness</p>

WELLNESS CALENDAR



<p>27 MONDAY</p> <p>Please book doctor's appointments through Concierge. Here are their office phone numbers for your reference:</p> <p>Dr. Collins Omondigbe (403) 269-9488</p> <p>Dr. Ifeju Omojuwa (403) 236-0211</p>	<p>28 TUESDAY</p>	<p>29 WEDNESDAY</p>	<p>30 THURSDAY</p>	<p>1 FRIDAY</p> <p>DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm <i>schedule may change</i> See concierge to book an appointment</p>	<p>FOOTCARE</p> <p>Homecare Professionals 403-909-7688</p>	<p>AUDIOLOGY</p> <p>Zen Hearing Nikki 587-534-0437</p> <p>Ears to You 403-970-7201</p>														
	<p>5</p>	<p>6</p>	<p>7</p> <p>DR. IFEJU OMOJUWA 10:00 am – 12:00nn (Accepting New Patients)</p> <p>See concierge to book an appointment</p>	<p>8</p> <p>DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm <i>schedule may change</i> See concierge to book an appointment</p>	<p>MOBILE MASSAGE THERAPY</p>	<p>SALON</p> <p>Casey-Lee Wilson 403-923-2505</p>														
	<p>12</p>	<p>13</p> <p>DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm <i>schedule may change</i> See concierge to book an appointment</p>	<p>14</p>	<p>15</p> <p>DR. COLLINS OMONDIAGBE</p> <p>AWAY</p>	<p>PRIVATE HOME CARE</p> <p>Janeth Denis 403-667-9740 One-on-One Health Care</p>	<p>NOTARY & LEGAL SERVICES</p> <p>Grace Akpan 587-969-1626 Grace George Law Barristers & Solicitors</p>														
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>DR. IFEJU OMOJUWA 10:00 am – 12:00nn (Accepting New Patients)</p> <p>See concierge to book an appointment</p>	<p>22</p> <p>DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm <i>schedule may change</i> See concierge to book an appointment</p>	<p>PHYSIOTHERAPY MASSAGE THERAPY CHIROPRACTOR</p> <p>Energize Health 403-455-8220 #8230 - 2060 Symons Valley Parkway NW (Located beside FreshCo)</p>	<p>COMPANIONSHIP SERVICES</p> <p>PAMpered Services Pam 403-690-7116</p>														
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p> <p>DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm <i>schedule may change</i> See concierge to book an appointment</p>	<p>Location Abbreviations:</p> <table border="0"> <tr> <td>B Bistro</td> <td>GR Games Room</td> </tr> <tr> <td>CH Chapel</td> <td>L Library</td> </tr> <tr> <td>CK Country Kitchen</td> <td>LB Lobby</td> </tr> <tr> <td>CY Courtyard</td> <td>TH Theatre</td> </tr> <tr> <td>DR Dining Room</td> <td>MS Movement Studio</td> </tr> <tr> <td>FR Fitness Equipment Room</td> <td>HCM Holy Cross Manor</td> </tr> <tr> <td></td> <td>SMM St. Marguerite Manor</td> </tr> </table>		B Bistro	GR Games Room	CH Chapel	L Library	CK Country Kitchen	LB Lobby	CY Courtyard	TH Theatre	DR Dining Room	MS Movement Studio	FR Fitness Equipment Room	HCM Holy Cross Manor		SMM St. Marguerite Manor
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