



MARTHA'S COMMUNITY CORNER

MARCH 2026

A Message from your Site Manager

May you have a world of wishes at your command,

God and His angels close to hand.

Friends & family their love impart,

And Irish blessings in your heart!

Have a wonderful March!

Love, Karen

Farewell from Martha's House

We wish the following resident well as she departs Martha's House for a new home.

Melba Collier

March Birthdays

Happy Birthday to the following residents and staff:

March 3 – Dieny Donkergoed
March 10 – Reo Shank
March 11 – Andy Atkinson
March 17 – Sister Maxine
March 20 – Harvey Machand
March 24 – Marlene Armstrong
March 24 – Joyce Kaminski
March 30 – Liz Loman
March 31 – Kathleen Phillips

STAFF BIRTHDAYS

March 21 – Manizheh Gholipoor
March 28 - Madelyn Thorton
March 29 – Sweeta
Cobbah-Dadie

Welcome to Martha's House

Please give a warm welcome to **Terry & Mary Shillington and Bill & Pat Latimer** who have recently joined our Martha's House family.

WEDDING ANNIVERSARIES

Congratulations go out to **Doug & Helen Campbell** will celebrate their 67th anniversary on March 21st. Best wishes to you all!

Mail

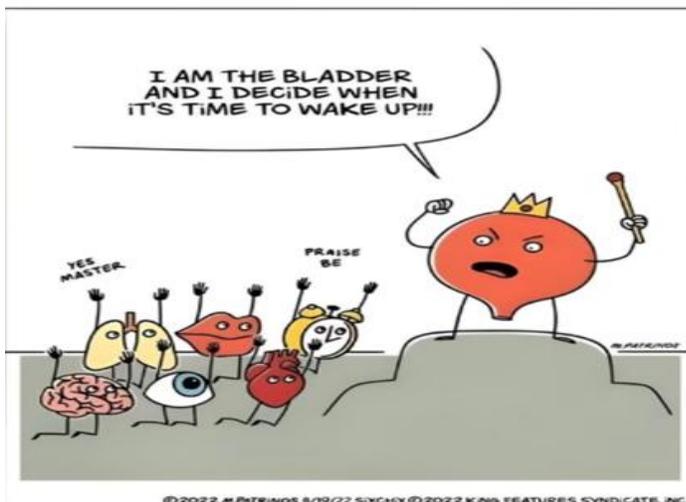
From time to time you may receive mail that is addressed to someone else. We ask you to please bring it to the reception desk and not put it in the mail basket. It will be forward to the proper destination.

Leprechaun Special Delivery

It is rumored that there will be a special delivery from a leprechaun for St. Patrick's Day. Pots of treasure will apparently be hidden around the building for residents to find on St. Patrick's Day.

Important Reminder!

The Rules & Regulations included in the residents' Rental and Life Lease Agreements address the need to have residents keep their apartments clean. It is the residents' responsibility to make arrangements to have carpet stains cleaned immediately so that they do not set and become impossible to remove. Residents would be well advised to arrange for regular carpet cleaning. At the time of an inspection, when moving out of Martha's House, the resident may find that charges are applied for carpets which are heavily stained. Additionally, while residents may make holes in the walls for hanging pictures, holes may not be made in the wood cabinets in the kitchen and bathroom or on tiled surfaces. Permission for changes to the suite, not addressed in the Agreement, must be obtained from the Administrator.



Toonie Tuesday

Congratulations to Donna T. who won the February 10th, pot of \$125.50 and Donna T. who won the February 24th, pot of \$117.50.

Thank you to everyone who participated!



Daylight Savings Time

Daylight savings time starts on Sunday, March 8th. Don't forget to set your clocks ahead one hour before you go to bed on Saturday, March 7th.



Joke of the Day

“What inspires you to get out of bed every day?”

Me: My Bladder Mostly!!





Resident Council Update

Provincial legislation known as the Resident and Family Councils Act creates rules to support residents and their families to have councils within supportive living and long-term care facilities. However, the Act does not require residents or their families to have one if they choose to not do so.

A resident council is a group of people who meet and work together to improve residents' lives. A resident council can help residents and family members raise concerns and make suggestions. They are a place where voices can be heard by operators. Councils can also shape life within a home by encouraging socialization and interaction among residents, family members, and the home's staff. While councils can promote communication about policy and be a place to provide feedback, their purpose is not to create operator-level policy. Councils give residents and their families an opportunity to work together, support one another, share experiences, look for solutions to common concerns, have a voice in decisions about their home, and hear staff/operator's views, generate ideas to improve quality of life, and build community.

After a hiatus, a Resident Council was re-established at Martha's House and has been busy since then. The Resident Council has been busy fundraising (purchased the new water feature on the main floor), has helped to develop and publish an updated Resident Handbook, continues to purchase and deliver flowers to residents when they return from the hospital, sponsor entertainment, and advocate for quality of life initiatives at Martha's House.

Therefore, the Resident Council is currently recruiting for new members. If you are interested, please see Karen or Tammy

Martha's House Auction

On March 26th at 2:00pm, Martha's House auction. There will be gift bags full of goodies, gift certificates for the tuck shop and pub, and other fun surprises!

In order to participate in the auction, you will have to accumulate "Martha's House Buck Stamps" throughout the month. This is the only legal tender for the auction.

There are two (2) ways to earn "Martha's House Bucks".

1. Participate in activities. You will earn one Martha's House stamps for each activity you attend/participate in. There are some days on the calendar that are noted as double or triple buck days. That way you can earn more "Martha's House Bucks" to spend at the auction!
2. Sharing the secret code word of the week with the correct staff member. On the monthly activity calendar, each week has been assigned a secret code word of the week and designates which staff members you can share the secret code word with. For example: the week of **March 1st to 7th**, the secret code word is "**Photocopy**" and can only be shared with each office staff behind the desk once each day. And check your calendar for the rest of the week, for the other words.

Hope you all have Fun!!





PRESCRIPTION DELIVERY AND PICK UP

POLICY:

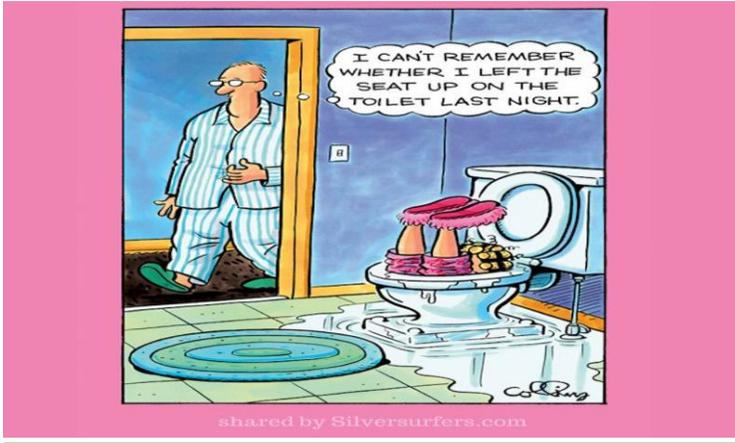
It is incumbent upon Martha's House to provide the utmost safety and security to residents regarding their medical information.

PROCEDURE

1. Residents are responsible for ordering and arranging for delivery of their own prescriptions.
2. The first course of action for prescription delivery is for the resident to arrange a suitable time for prescription delivery. The delivery personnel can deliver directly to the resident at their suite or at the front entrance. Delivery personnel have been instructed to not leave prescriptions at the suite door or on the shelf.
3. If a resident cannot be present to receive their prescription, the delivery personnel can leave the prescription with a Martha's House staff member.
4. The Martha's House staff member will place the prescription(s) in a secure location and will notify the resident that their prescription is available for pick up.
5. The resident will sign the pick-up tracking form at the time of pick up.
6. Residents and contracted service providers are **NOT** to accept deliveries of prescriptions for other residents.

Laundry Reminder

Please remember to check your pockets before doing your wash. Empty your pockets of coins, pens, Kleenex, etc.



Words from the Book Nook!

Hi Readers!

A friendly reminder Please put returns in the return box and not directly to the shelf. This also goes for the donations. I'd like to see any new books before they go on the shelves. At the moment all shelves are full. We cannot accept religious base books or periodicals.

Please no Big lots of donations at this Time.

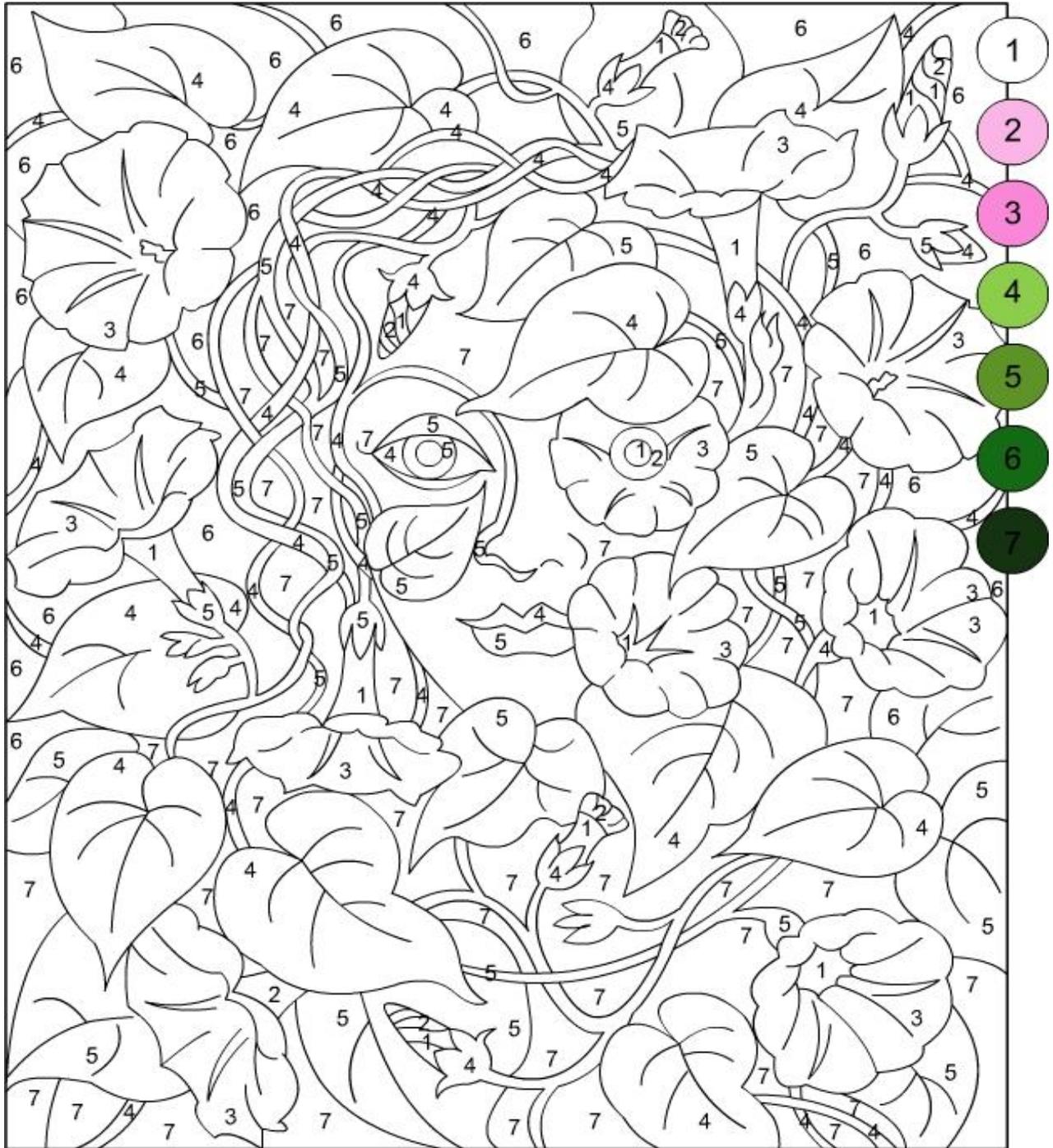
Keep reading Its good for our brains.

Thank you



**Happy Reading!
Karen**





Name: _____

Date: _____

 **MARCH** 
Word Search

Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.

R N O I L K C I R T A P T S R C
 K W N S G N I V A S X S L E M R
 Y B U T T E R F L Y E A W R F O
 Q D T K G N R X T N M O T H G C
 N J N G R E E N E B L H N N D U
 N O N I N X R L K F N G I A X S
 B Y S E W R X P S L P R F H T L
 M F W A M T E V A D P F K C R X
 X A T O E D R T B S O K C R E O
 L I O H T S J A S D M I O A B N
 H L R Y K K W N I A K T R M I I
 B L C I K P H L X N E E M Y R U
 D J K H S C T H G I L Y A D T Q
 V Z D F I H U C M Q P Z H V H E
 P D G W M C H L E N I H S N U S
 X T U L I P K B H A T C H I N G

- BASKET
- BLOOM
- BUTTERFLY
- CHICK
- CROCUS
- DAFFODIL
- DAYLIGHT
- EASTER
- EQUINOX
- FLOWER
- GREEN
- HATCHING
- IRISH
- KITE
- LAMB
- LION
- LUCKY
- MARCH
- NEST
- RAIN
- REBIRTH
- RENEWAL



ST. PATRICK

SUNSHINE

TULIP

WINDY



SAVINGS

SEASON

SHAMROCK

SPRING

