

Sunday

Monday

Tuesday

Wednesday

Thursday

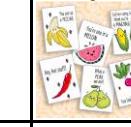
Friday

Saturday

Covenant Living
Evanston Summit

February 2026

"Love Lives Here"

9:15am Shuttle to Ascension Catholic Parish Mass (LB) 1:30pm Card Bingo (MS) 6:30pm Movie (TH)  Tu B'Shevat Begins	1 10:00am Exercise (MS) 10:00am Winners, Michaels, Staples, Shoppers, Dollarama & Superstore Country Hills (LB) 1:30pm Valentine Mini Valentine Cards (CK) 2:30pm Drum Circle (DR)  Groundhog Day	2 10:00am Exercise (MS) 2:00pm Quarterly Fire Drill 	3 8:00am Hot Breakfast (DR) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH) 	4 10:00am Exercise (MS) 1:30pm Craft Circle – (Suite 246) 2:30pm Pool & Billiard Fun (GR) 	5 10:00am Exercise (MS) 10:00am Bus Outing: Market Mall (LB) 10:30am Rosary Group (CH) 11:00am Catholic Mass (HCM) 2:30pm Happy Hour with Gord Barge-In Band & Birthday Celebrations (DR) 	6 10:00am Shape Optical (LB) 1:30pm Table Horse Racing (B) 4:15pm Shuttle to Ascension Catholic Parish Mass (LB) 6:30pm Wii Games (TH) 	7
1:30pm Genie Take Away Day- Spring Cleaning-Garbage Room 1:30pm Card Bingo (MS) 6:30pm Movie (TH)  Love Happens	8 10:00am Exercise (MS) 1:30pm Heart Art Painting (CK) 2:30pm Drum Circle (DR)  Red Day	9 10:00am Exercise (MS) 1:30pm Easter Tulle & Ribbon Wreath, Session 1(CK) 3:00pm Team Trivia (GR) 	10 8:00am Hot Breakfast (DR) 10:00am Building Tour (LB) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH) 	11 10:00 Exercise (MS) 11:00am-3pm Mira Jewelry (LB) 1:30pm Craft Circle – (Suite 246) 2:30pm Pool & Billiard Fun (GR) 	12 Red Day 10:00am Exercise (MS) 10:30am Catholic Mass (CH) 11:00am Catholic Mass (SMM) 6:30 Lion Dance Presentation (DR) 	13 Red Day 1:30pm Table Horse Racing (B) 2:30pm Happy Hour & Valentine Party with Sox & Sax (DR) 6:30pm Wii Games (TH)  Valentine's Day	14 Valentine's Day
9:15am Shuttle to Ascension Catholic Parish Mass (LB) 1:30pm Card Bingo (MS) 6:30pm Movie (TH)  Presidents' Day (U.S.)	15	16 10:00am Exercise (MS) 10:00am Tour at Studio Bell-Home of the National Music Centre (LB) 2:30pm Coffee Social with Chef Joao (DR)  Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17 8:00am Hot Breakfast (DR) 10:00am Nose Creek Valley Museum (LB) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH) 	18 10:00am Exercise (MS) 11:00am Catholic Mass (SMM) 1:30pm Craft Circle – (Suite 246) 2:30pm Pool & Billiard Fun (GR) 	19 10:00am Exercise (MS) 10:00am Bus Outing: Ace Casino (LB) 10:30am Rosary Group (CH) 11:00am Catholic Mass (HCM) 	20 10:00am- Shape Optical (LB) 10:00am-4:00pm Open House 1:30pm Horse Racing (B) 2:30pm Happy Hour with Acting Our Age (DR) 4:15pm Shuttle to Ascension Catholic Parish Mass (LB) 6:30pm Wii Games (TH) 	21
1:30pm Card Bingo (MS) 6:30pm Movie (TH) 	22 10:00am Exercise (MS) 10:35am Buffet Lunch at Yangtze (LB) 2:30pm Drum Circle with Robin & Recreation Team at SMM (DR) 	23 10:00am Creekside & Sage Hill for Errands (LB) 10:00am Exercise (MS) 1:30pm Easter Tulle & Ribbon Wreath, Session 2(CK) 3:00pm Team Trivia (GR) 	24 Wear Pink Shirts 8:00am Hot Breakfast (DR) 1:30pm Bingo (MS) 3:00pm Non-Denominational Services by Michael (CH) 6:00pm Wii Games (TH) 	25 10:00am Exercise (MS) 1:30pm Craft Circle – (Suite 246) 2:30pm Pool & Billiard Fun (GR) 	26 8:45am Calgary Philharmonic Orchestra- IX: Shostakovich (LB) 10:00am Video Exercise (MS) 10:30am Rosary Group (CH) 2:30pm Happy Hour Travelogue to Saskatchewan by Diane D. & Shared Memories (DR)  	27 1:30pm Horse Racing (B) 6:30pm Wii Games (TH) 	28

WELLNESS CALENDAR



Covenant Living
Evanston Summit

2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY	FOOTCARE	AUDIOLOGY																												
<p>Please book doctor's appointments through Concierge. Here are their office phone numbers for your reference:</p> <p>Dr. Collins Omondiagbe (403) 269-9488</p> <p>Dr. Ifeju Omojuwa (403) 236-0211</p>		<p>DR. COLLINS OMONDIAGBE 9:00am to 2:00 pm schedule may change See concierge to book an appointment</p>	<p>DR. IFEJU OMOJUWA 10:00 am – 12:00nn (Accepting New Patients)</p>	<p>DR. COLLINS OMONDIAGBE AWAY</p>	<p>Homecare Professionals 403-909-7688</p>	<p>Zen Hearing Nikki 587-534-0437</p> <p>Ears to You 403-970-7201</p>																												
	10	11	12	13 DR. COLLINS OMONDIAGBE 12:00nn to 5:00 pm schedule may change See concierge to book an appointment	MOBILE MASSAGE THERAPY Jessica Clark 587-839-6788 massage.clark@gmail.com	SALON Casey-Lee Wilson 403-923-2505																												
	17	18	19 DR. IFEJU OMOJUWA 10:00 am – 12:00nn (Accepting New Patients)	20 DR. COLLINS OMONDIAGBE 12:00nn to 5:00 pm schedule may change See concierge to book an appointment	PRIVATE HOME CARE Janeth Denis 403-667-9740 One-on-One Health Care	NOTARY & LEGAL SERVICES Grace Akpan 587-969-1626 Grace George Law Barristers & Solicitors																												
23	24	25	26	27 DR. COLLINS OMONDIAGBE 12:00nn to 5:00 pm schedule may change See concierge to book an appointment	PHYSIOTHERAPY MASSAGE THERAPY CHIROPRACTOR Energize Health 403-455-8220 #8230 - 2060 Symons Valley Parkway NW (Located beside FreshCo)	COMPANIONSHIP SERVICES PAMpered Services Pam 403-690-7116																												
				<p>COLOR CODING:</p> <p>ORANGE - Exercise</p> <p>PURPLE – Special Events</p> <p>NAVY – Vendors</p> <p>GREEN – Bus Outing</p> <p>PINK - Craft</p> <p>BLUE – Wellness</p>	<p>Location Abbreviations:</p> <table> <tbody> <tr> <td>B</td> <td>Bistro</td> <td>GR</td> <td>Games Room</td> </tr> <tr> <td>CH</td> <td>Chapel</td> <td>L</td> <td>Library</td> </tr> <tr> <td>CK</td> <td>Country Kitchen</td> <td>LB</td> <td>Lobby</td> </tr> <tr> <td>CY</td> <td>Courtyard</td> <td>TH</td> <td>Theatre</td> </tr> <tr> <td>DR</td> <td>Dining Room</td> <td>MS</td> <td>Movement Studio</td> </tr> <tr> <td>FR</td> <td>Fitness Equipment Room</td> <td>HCM</td> <td>Holy Cross Manor</td> </tr> <tr> <td></td> <td></td> <td>SMM</td> <td>St. Marguerite Manor</td> </tr> </tbody> </table>		B	Bistro	GR	Games Room	CH	Chapel	L	Library	CK	Country Kitchen	LB	Lobby	CY	Courtyard	TH	Theatre	DR	Dining Room	MS	Movement Studio	FR	Fitness Equipment Room	HCM	Holy Cross Manor			SMM	St. Marguerite Manor
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