

MARTHA'S COMMUNITY CORNER MAY 2024

A Message from your Site Manager

Dear Residents:

My favourite time of year has finally arrived! I love spring and all it brings; sunshine, green grass, tulips, daffodils, and other flowers emerging from the soil, the leafing out and then flowering of the trees, I love the longer daylight hours, the warmer temperatures, the feeling of the soil in my hands, barbecuing...I could go on and on and on! Just a fair warning....I tend to get a little bit giddy in the spring, especially as the warm weather takes hold.

One of my biggest joys at this time of year is getting to plan and plant the gardens at Martha's House with all of you. It is really a labour of love for me to do this for you. Many of you graciously donate your time and money to our garden efforts and it is so appreciated! If you wish to contribute to your garden again this year, please bring your donation to the reception desk or to myself. Cheques need to be made payable to the Covenant Foundation. Any donations over \$20.00 will receive a tax receipt.

Karen

May Birthdays

Happy Birthday to the following residents and staff:

May 5- Agnes Mutton May 8 – Jeanne Coxson May 14 – Lois Cicman May 16 - Alan Kimber May 16 – Helen Baerg May 16 – Margaret Held May 19 – Isabella Corbett May 22 – Ann Duval May 23 – Paul Thielen May 25 – Betty Scherger May 27 – Joan Molloy

Staff Birthdays

May 2 – Oliver Ashlyn May 8 – Nicole Amokwandoh May 23 – Martina Logan-Grimard May 23 – Susan Drybrough May 25 - OliviaThorpe





Patio

Now that spring has sprung (maybe????), we will be opening the patio this month. We also have the two patios on the third floor with a table and chairs. We invite you all to use these spaces to enjoy the nice weather and sunshine (if it ever arrives!).

Area Rug Risk

We wish to remind residents that as we age, we tend to not raise our feet as much when we walk. This "shuffling gait" poses more of a risk for a fall. This is especially true with obstacles on the floor such as area rugs. It is wise to eliminate the use of small area rugs in your suite to reduce your risk of falls. We also ask that you do not keep your walkers or rugs in the hallway to avoid any potential risk to your neighbor, visitors or staff members.

Parking Lot Safety

It has come to our attention that numerous visitors, delivery drivers, etc. are driving in an unsafe manner in our parking lot, putting residents, staff, and others at risk. Please remind your guests to use extreme caution when driving in our parking lot. Management will address the issue with delivery drivers.

Safety Concern

It has come to our attention that some residents follow the housekeeper while they are working in the suite. We do not want anyone to be injured by tripping over the vacuum cord, coming into contact with cleaning chemicals while not wearing gloves, etc.



Things Mom Would Never Say

"How on earth can you see the TV sitting so far back?"

"Yeah, I used to skip school a lot, too"

"Just leave all the lights on ... it makes the house look more cheery"

"Let me smell that shirt -- Yeah, it's good for another week"

"Go ahead and keep that stray dog, honey. I'll be glad to feed and walk him every day"

"Well, if Rahul's mamma says it's OK, that's good enough for me."

"The curfew is just a general time to shoot for. It's not like I'm running a prison around here." "I don't have a tissue with me ... just use your sleeve"

"Don't bother wearing a jacket - the wind-chill is bound to improve"

<u>Why, Why,</u>

- Why do we press harder on a remote control when we know the batteries are getting weak?
- Why do banks charge a fee due to insufficient funds when they already know you're broke?
- Why is it that when someone tells you that there are one billion stars in the universe, you believe them but, if they tell you there is wet paint, you have to touch it to check?
- Why doesn't Tarzan have a beard?
- Why does Superman stop bullets with his chest, but ducks when you throw a revolver at him?
- Why is it that, no matter what color bubble bath you use, the bubbles are always white?
- Why do people constantly return to the refrigerator with hopes that something new to eat will have materialized?
- Why do people run over a string a dozen times with their vacuum cleaner, then reach down, pick it up, examine it, then put it down to give the vacuum one more chance?
- How do those dead bugs get into enclosed light fixtures?
- Why is it that whenever you attempt to catch something that's falling off the table you always manage to knock something else over?
- Why, in winter, do we try to keep the house as warm as it was in summer when we complained about the heat?

TOONIE TUESDAY WINNERS

Congratulations to Peter Wigand, who won \$119.50 on the April 2nd draw and Guy & Ruth Vervoort, who won \$105.00 on the April 16th draw.

Thank you to all of you that participated.

HOW TO TELL IF YOU'RE BEING SCAMMED

Unfortunately, senior citizens are one of the most targeted groups for scams, identity theft and fraud. Seniors are targeted because they are more likely to have nest eggs and are less familiar with technology. Potential victims are often contacted by telephone, in person or on the internet through email, Facebook and other messaging sites.

Here are some signs that you may be the target of a scammer. The caller may say...

- You need to "act now" or the offer will expire
- You've won a free prize, but need to pay for shipping and handling (or other fees)
- You need to wire money or pay a debt with a gift card
- You need to deposit funds for another person or forward money to someone else

Or they may make unsolicited contact; that is, they contact you out of the blue to offer money or a prize.

Will You Marry Me?

This old couple had been at Martha's House for about 3 years and they had been doing things together, going for walks, eating together, having drinks together and going to the movie. Afterwards, they would each go to their own suite.

One day, he thought maybe he should ask her to marry him. So he got up enough nerve and the next time he saw her, he said "Would you marry me" and she said "Oh yes, yes."

So they finished their drinks and they parted for home, each to their own suite. He woke up in the middle of the night and said to himself, now did she say yes or no? I can't remember. And it bothered him all night. So he got up in the morning and thought, I should phone her but she will think I'm senile. Eventually he got up the nerve to phone her and he said "Did you enjoy the show last night?" "Oh yes, yes, I enjoyed the show." So he asked "Did you enjoy the drinks afterwards?" And she replied "Oh, yes, yes, I enjoyed the drinks afterwards."

The man continued, "I hate to say this but last night I asked you to marry me and I forgot if you said yes or no?" And she said "Yes, yes, and thanks for phoning because I had forgotten who asked me!!"



Special Dates

Wednesday 1st – Marcel's Home Sense

Wednesday 1st – Reid & John Entertainment 7:30 pm

Wednesday 2nd – Foot Clinic 9:00 am

Thursday 2nd- St. Andrews Presbyterian Service 10:00 am

Sunday 5th – CINCO DE MAYO (All Day)

Wednesday 8th – If The Shoe Fits 10:00 - 2:00 pm

Wednesday 8th – Mother's Day Social 2:00 pm

Thursday 9th – The Spurtles 7:30 pm

Tuesday 14th – Resident Council 9:00 am

Tuesday 14th – Toonie Tuesday 10:30 - 2:30

Wednesday 15th – Lunch at I–Hop then trip to Green Haven 11:00 am

Wednesday 15th – Fay Stevens Entertainment 7:30 pm

Thursday 16th – Walker Clinic in TV lounge 10:00 am – 1:00 pm

Thursday 16th – Painting Bears – 7:00 pm

Tuesday 21st – Trip to Value Village

Wednesday 22nd – Birthday Social 2:00 pm

Thursday 23rd – JR & Diamond 7:30 pm

Thursday 23rd – Cody's facial Waxing 9:45 am

Friday 24th – Cody's facial Waxing 9:00 am

Saturday 27th – Gilbert Paterson School 9:15 am

Tuesday 28th - Toonie Tuesday 10:30 - 2:30

Tuesday 28th – Trip to South Walmart

Wednesday 29th – Ice Cream Social 7:30 pm

Thursday 30th – Painting Bears – 7:00 pm

Jumble Anwers

Elude Joint Agency Easily G-"Eye" Joe



A Mother's Prayer

Dear Lord, it's such a hectic day, With little time to stop and pray. For Life's been anything but calm, Since You called me to be a mom. Running errands, matching socks, Building dreams with building blocks. Cooking, cleaning and finding shoes, And other stuff that children loose. Fitting lids on bottled bugs, Wiping tears and giving hugs. A stack of last week's mail to read-So where's the quiet time I need? Yet, when I steal a moment, Lord, Just at the sink, the ironing board, To ask the blessings of Your grace, I see then, in my small one's face, That You have blessed me all the while, And I stoop to kiss that precious smile.

Unknown

Treasure Box Poetry And Praise