

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2022

				<p>10:30am Rosary Group (CH) ¹ 3:00pm Happy Hour with Jim Baxter (DR)</p> <p>Happy Canada Day!</p>		<p>4:15pm Shuttle to Ascension Catholic Parish Mass (LB) ²</p>							
<p>1:30pm Symons Valley Church Service (SMM) ³ 1:30pm Wild Babies Episode #5 (TH) 2:15pm Symons Valley Church Service (HC)</p>		<p>10:00am Chair Yoga with Melissa class #1 (AR) ⁴ 1:30pm Craft Circle (CK) 2:30pm Ice Cream Treats (BR) 6:30pm Bible Study with Bea (CH)</p>		<p>10:00am Exercise class #1 (AR) ⁵ 10:30am Bus sign up (Victoria's desk) 1:20pm Exercise class #2 (AR) 2:30pm Tile Rummy (AR) 6:15pm Trivia Night (AR)</p>		<p>8:00am Hot Breakfast (DR) ⁶ 9:00am Bus outing to Creekside Co-op & Dollarama (LB) 10:00am Chair Yoga with Melissa class #2 (AR) 1:30pm Summit Games (CY)</p>		<p>10:00am Exercise class #1 (AR) ⁷ 11:00am Catholic Mass (SMM) 1:20pm Exercise class #2 (AR) 2:30pm Coffee & Good News (CH) 6:30pm Interdenominational Service with De-Anne (CH)</p>		<p>10:30am Rosary Group (CH) ⁸ 11:00am Catholic Mass (HC) 1:30pm Bus outing to North Hill Mall (LB) 3:00pm Happy Hour & Karaoke with Devon (DR)</p>		<p>4:15pm Shuttle to Ascension Catholic Parish Mass (LB) ⁹</p>	
<p>1:30pm Symons Valley Church Service (SMM) ¹⁰ 1:30pm Wild Babies Episode #6 (TH) 2:15pm Symons Valley Church Service (HC)</p>		<p>10:00am Chair Yoga with Melissa class #1 (AR) ¹¹ 1:30pm Craft Circle (CK) 1:30pm Bus outing to Sage Hill Walmart & Dollarama (LB) 6:30pm Bible Study with Bea (CH)</p>		<p>10:00am Exercise class #1 (AR) ¹² 1:20pm Exercise class #2 (AR) 2:30pm Tile Rummy (AR) 6:15pm Trivia Night (AR)</p>		<p>8:00-10:00am Stampede Hot Breakfast & Open House (DR) ¹³ 10:00am Chair Yoga with Melissa class #2 (AR)</p>		<p>10:00am Exercise class #1 (AR) ¹⁴ 1:20pm Exercise class #2 (AR) 6:30pm Interdenominational Service with De-Anne (CH)</p>		<p>10:30am Rosary Group (CH) ¹⁵ 3:00pm Happy Hour with Doc Wade (DR) 4:30pm or 5:30pm Stampede Dinner (DR) 5:00-8:00pm – Evanston Stampede Food Truck Festival Edition (Park across the street)</p>		<p>10:00am-2:00pm If the Shoe Fits mobile shoe sales (AR) ¹⁶ Cancelled 4:15pm Shuttle to Ascension Catholic Parish Mass (LB)</p>	
<p>1:30pm Symons Valley Church Service (SMM) ¹⁷ 1:30pm Wild Babies Episode #7 (TH) 2:15pm Symons Valley Church Service (HC)</p>		<p>10:00am Chair Yoga with Melissa class #1 (AR) ¹⁸ 1:30pm Craft Circle (CK) 2:30pm Ice Cream Treats (BR) 6:30pm Bible Study with Bea (CH)</p>		<p>2:00pm Exercise with Lorraine (DR) ¹⁹ 2:30pm Tile Rummy (AR) 6:15pm Trivia Night (AR)</p>		<p>8:00am Hot Breakfast (DR) ²⁰ 8:00am-4:00pm Wellness Wednesday with Devon (sign up at concierge) 10:00am Chair Yoga with Melissa class #2 (AR)</p>		<p>11:00am Catholic Mass (SMM) ²¹ 1:45pm Monthly Resident General Meeting (DR) 6:30pm Interdenominational Service with De-Anne (CH) Cancelled 10:00am Exercise classes (AR)</p>		<p>9:30am Bus outing to Ghost Lake for Boat ride & BBQ (LB) ²² 10:30am Rosary Group (CH) 11:00am Catholic Mass (HC) 3:00pm Happy Hour & Karaoke with Devon (DR)</p>		<p>Cancelled 4:15pm Shuttle to Ascension Catholic Parish Mass (LB) ²³</p>	
<p>1:30pm Symons Valley Church Service (SMM) ²⁴ 1:30pm Wild Babies Episode #8 (TH) 2:15pm Symons Valley Church Service (HC)</p>		<p>10:00am Chair Yoga with Melissa class #1 (AR) ²⁵ 1:30pm Craft Circle (CK) 6:30pm Bible Study with Bea (CH)</p>		<p>10:00am Exercise class #1 (AR) ²⁶ 1:20pm Exercise class #2 (AR) 2:30pm Tile Rummy (AR) 6:15pm Trivia Night (AR)</p>		<p>8:00am Hot Breakfast (DR) ²⁷ 9:00am Bus outing to Country Hills Michael's & Superstore (LB) 10:00am Chair Yoga with Melissa class #2 (AR)</p>		<p>10:00am Exercise class #1 (AR) ²⁸ 1:20pm Exercise class #2 (AR) 2:30pm Presentation with Devon (DR) 6:30pm Interdenominational Service with De-Anne (CH)</p>		<p>9:30am Bus outing to High River for high tea at The Noble Tea House (LB) ²⁹ 10:30am Rosary Group (CH) 3:00pm Happy Hour with Greg Rumpel (DR)</p>		<p>10:00am-2:00pm Personal Touch Clothing Racks (AR) ³⁰ 4:15pm Shuttle to Ascension Catholic Parish Mass (LB)</p>	
<p>1:30pm Symons Valley Church Service (SMM) ³¹ 1:30pm Surviving Paradise: A Family Tale (TH) 2:15pm Symons Valley Church Service (HC)</p>		<p>Legend: AR – Activity Room BR – Bistro CH – Chapel CK – Country Kitchen CY - Courtyard DR – Dining Room HC – Holy Cross Manor LB – Lobby SMM – St. Marguerite Manor</p>											

Please watch for posters for updates to calendar as Covid-19 risk is assessed.