

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



1:30pm Interdenominational Service with De-Anne (CH)

New Year's Day

1:30pm Card Bingo (AR) 2	10:00am Chair Yoga with Jenny class #1 (AR) 1:00PM (approximate) The Nut Man (LB) 1:30pm Craft Circle (CK) 2:30pm Ice Cream Treats (BR) 6:30pm Bible Study with Bea (CH) 3	10:00am Exercise class #1 (AR) 10:30am Bus sign up (Victoria's desk) 1:20pm Exercise class #2 (AR) 2:30pm Thank you card writing for Christmas boxes (AR) Cancelled 6:30pm Trivia Night (AR) 4	8:00am Hot Breakfast (DR) 10:00am Chair Yoga with Jenny class #2 (AR) 1:30pm Bingo (AR) 6:30pm Wii Games (TH) 5	10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 6	10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to Sage Hill Walmart & Dollarama (LB) 3:00pm Happy Hour (DR) 6:30pm Interdenominational Service with De-Anne (CH) 7	1:00-4:00pm Personal Touch Clothing Racks (AR) 4:30pm Shuttle to Ascension Catholic Parish Mass (LB) 8
1:30pm Card Bingo (AR) 9	10:00am Chair Yoga with Jenny class #1 (AR) 1:30pm Craft Circle (CK) 6:30pm Bible Study with Bea (CH) 10	10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:00pm Coffee & Good News (CH) 6:30pm Trivia Night (AR) 11	8:00am Hot Breakfast (DR) 10:00am Chair Yoga with Jenny class #2 (AR) 1:30pm Bingo (AR) 6:30pm Wii Games (TH) 12	10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 13	10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to Country Hills Michael's & Superstore (LB) 3:00pm Happy Hour with Paul Wood (DR) 6:30pm Interdenominational Service with De-Anne (CH) 14	3:00pm Sax Appeal Performance (DR) 4:30pm Shuttle to Ascension Catholic Parish Mass (LB) 15
1:30pm Card Bingo (AR) 16	10:00am Chair Yoga with Jenny class #1 (AR) 1:30pm Craft Circle (CK) 1:00PM (approximate) The Nut Man (LB) 2:30pm Ice Cream Treats (BR) 6:30pm Bible Study with Bea (CH) Martin Luther King Jr. Day 17	10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 6:30pm Trivia Night (AR) 18	8:00am Hot Breakfast (DR) 9:45am Bus outing to Stage West for Brunch & The Soul of Motown (LB) 10:00am Chair Yoga with Jenny class #2 (AR) 1:30pm Bingo (AR) 6:30pm Wii Games (TH) 19	10:00am Bus outing to Evanston Shoppers Drug Mart (LB) 1:45pm Monthly Resident General Meeting (DR) 3:00pm Sinatra Virtual Presentation (TH) 20	10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to North Hill Mall (LB) 3:00pm Happy Hour (DR) 6:30pm Interdenominational Service with De-Anne (CH) 21	4:30pm Shuttle to Ascension Catholic Parish Mass (LB) 22
1:30pm Card Bingo (AR) 23 Activity Professionals Week	10:00am Chair Yoga with Jenny class #1 (AR) 1:30pm Craft Circle (CK) 6:30pm Bible Study with Bea (CH) 24	10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 6:30pm Trivia Night (AR) 25	8:00am Hot Breakfast (DR) 10:00am Chair Yoga with Jenny class #2 (AR) 1:30pm Bingo (AR) 6:30pm Wii Games (TH) 26 Australia Day (observed)	10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 27	10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to Creekside Co-op & Dollarama (LB) 3:00pm Happy Hour with Walkin' On Sunshine (DR) 6:30pm Interdenominational Service with De-Anne (CH) 28	4:30pm Shuttle to Ascension Catholic Parish Mass (LB) 29
1:30pm Card Bingo (AR) 30	10:00am Chair Yoga with Jenny class #1 (AR) 1:30pm Craft Circle (CK) 1:00PM (approximate) The Nut Man (LB) 2:30pm Ice Cream Treats (BR) 6:30pm Bible Study with Bea (CH) 31	Legend: AR – Activity Room BR – Bistro CH – Chapel CK – Country Kitchen CY – Courtyard DR – Dining Room GR – Great Room LB – Lobby				

Please watch for posters for updates to calendar as Covid-19 risk is assessed.