



resident, staff, and family update

September 30, 2023

COVID Outbreak

Dear Martha's House families, residents, and staff,

We learned over the past few days that several residents have tested positive for COVID. The affected residents are currently isolating in their suites and we are monitoring the situation.

To halt the spread of the virus, we have implemented the following precautions as per AHS guidelines:

- All staff will be wearing masks and protective eyewear.
- All visitors must wear masks in common areas.
- All common touch items such as salt & pepper shakers, etc. have been removed from the dining room tables, as have table linens.
- Continental breakfast has been moved to behind the servery and will now be served by staff rather than self-serve.
- The self-serve coffee station has been removed.
- Additional cleaning of high touch areas is taking place.
- The hair salon will remain open with only one resident at a time permitted in the salon. Both the hair dresser and residents will be masked during appointments. Disinfection of the hair salon will take place in between each client.
- Low risk activities will continue where social distancing and/or masking permit. If social distancing and/or masking cannot take place, the activity cannot take place, including resident led activities such as card games. A full schedule of modified activities is included with this memo. High risk activities such as singing will not occur during the outbreak. The Open House scheduled for Thursday, October 5 will be postponed.
- Visitors should be cautious about entering the building. Please sanitize your hands in the foyer, wear a mask, and go directly to and from the suite you are visiting. Visitors who have any symptoms including but not limited to runny nose, nasal congestion, cough, chest congestion, fever, nausea, vomiting, diarrhea should NOT visit at this time. Visitors should limit their time in common areas.

We are doing all we can to contain the outbreak, working closely with our zone's Medical Officer of Health and Alberta Health Services. We are monitoring residents very closely. The outbreak will not be lifted until we have completed 14 full days without any new cases of COVID. The earliest date that the outbreak can be lifted is Monday, October 16, 2023.



As with previous outbreaks, the outbreak status will be updated at covenantcare.ca by 6 pm every Thursday. Please direct questions to me at 403-327-2090 or email karen.r.larson@covenantliving.ca.

Thank you for your continued support, patience, and understanding.

Karen Larson
Site Manager